## **Constant Shoulder Score**

>30 Poor

Clinician's Name:	Patient's Name:	
Answer all questions, selecting just one unless otherwise stated		
During the past 4 weeks		
1. Pain	2. Activity Level (check all that apply)	
Severe	Unaffected Sleep	
Moderate	Full Recreation/Sport	
Mild	Full Work	
None		
3. Arm Positioning	4 Strongth of Abdustion [Bour	ada1
Up to Waist	4. Strength of Abduction [Pour 0	13-15
Up to Xiphoid	1-3	15-18
Up to Neck	4-6	19-21
Up to Top of Head	7-9	22-24
Above Head	10-12	>24
/ Bove Head	10 12	. 24
RANGE OF MOTION		
5. Forward Flexion	6. Lateral Elevation	
31-60 degrees	31-60 degrees	
61-90 degrees	61-90 degrees	
91-120 degrees	91-120 degrees	
121-150 degrees	121-150 degrees	
151-180 degrees	151-180 degrees	
7. External Rotation	8. Internal Rotation	
Hand behind Head, Elbow forward	Lateral Thigh	
Hand behind Head, Elbow back	Buttock	
Hand to top of Head, Elbow forward	Lumbosacral Junction	
Hand to top of Head, Elbow back -	Waist (L3)	
Full Elevation	T12 Vertebra	
	Interscapular (T7)	
The Constant Shoulder Score is: 0  Grading the Constant Shoulder Score		

This form presents outcome measures and any accompanying information as an educational service to our customers. While the information is about musculo-skeletal symptoms and disability and their impact on individuals, it is not medical advice.

Although Stryker believes this information to be accurate and timely, because of the rapid advances in medical research we make no warranty or guarantee concerning the accuracy or reliability of the content at this site or other sites to which we link.

11-20 Good

<11 Excellent

21-30 Fair